**CDHP Plan** 

Coverage Period: 01/01/2014-12/31/2014

Coverage for: Employee/Family | Plan Type: PS1

Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.pfgcbenefits.com or by calling 1-888-694-9236.

Important Questions	Answers	Why this Matters:	
What is the overall deductible?	Network: \$1,500 Individual* / \$3,000 Family per calendar year Non-Network: \$3,000 Individual* / \$6,000 Family per calendar year Does not apply to services listed below as "No Charge". *Doesn't apply if policy covers 2+ people	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .	
Are there other <u>deductibles</u> for specific services?	No, there are no other deductibles.	You don't have to meet <u>deductibles</u> for specific service, but see the chart starting on page 2 for other costs for services this plan covers.	
Is there an <u>out–of–pocket</u> <u>limit</u> on my expenses?	Medical- Network: \$6,000 Individual* / \$12,000 Family per calendar year Non-Network: \$12,000 Individual* / \$24,000 Family per calendar year *Doesn't apply if policy covers 2+ people	The <u>out-of-pocket limit</u> is the most you could pay during a calendar year for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the out-of-pocket limit?	Premium, balanced-billed charges, health care this plan doesn't cover penalties for failure to obtain prenotification for services.	Even though you pay these expenses, they don't count toward the <a href="out-of-pocket limit">out-of-pocket limit</a> .	
Is there an overall annual limit on what the plan pays?	This policy has no overall annual limit on the amount it will pay each year.	The chart starting on page 2 describes specific coverage limits, such as limits on the number of office visits.	
Does this plan use a network of providers?	Yes, this plan uses network providers. If you use a non-network provider your cost may be more. For a list of network providers, see www.myuhc.com or call 1-877-769-7001.	If you use a network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your network doctor or hospital may use a non-network <b>provider</b> for some services. Plans use the term network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .	
Do I need a referral to see a specialist?	No	You can see the <b>specialist</b> you choose without permission from this plan.	
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed under services your plan does not cover. See your policy or plan document for additional information about <b>excluded services</b> .	

**Questions**: Call <u>1-877-769-7001</u> or visit us at <u>www.myuhc.com</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="http://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf">http://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf</a> or call the number above to request a copy.



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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 30% would be \$300. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Services You May Need		Your Cost If You Use a		Limitations & Exceptions
Event	Services rou may need	Network Provider	Non-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
	Specialist visit	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	30% Coinsurance After Deductible Manipulative (Chiropractic) services	50% Coinsurance After Deductible Manipulative (Chiropractic) services	60 visits per calendar year combined with other short-term therapies
	Preventive care/screening/immunizati on	No Charge	50% Coinsurance After Deductible	None
If you have a test	Diagnostic test (x-ray, blood work)	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
	Imaging (CT/PET scans, MRIs)	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None

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Common Medical	0 : V M N I	Your Cost If You Use a		Limitations O. Europetic
Event	Services You May Need	Network Provider	Non-network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition	Tier 1 - Your Lowest-Cost Option	Retail & Mail Order: 30% Coinsurance after deductible	Not Covered	Not all prescriptions are covered by this plan. See websites for details on the prescriptions drug formulary. For the pharmacy network, call 1-888-7904260. Retail - \$25 max. Mail Order - \$50 max.
	Tier 2 - Your Midrange- Cost Option	Retail & Mail Order: 30% Coinsurance after deductible	Not Covered	Not all prescriptions are covered by this plan. See websites for details on the prescriptions drug formulary. For the pharmacy network, call 1-888-7904260. Retail - \$25min/\$50 max. Mail Order - \$50min/\$100 max.
More information about prescription drug coverage is available at www.caremark.com/pf g.	Tier 3 - Your Highest-Cost Option	Retail & Mail Order: 30% Coinsurance after deductible	Not Covered	Not all prescriptions are covered by this plan. See websites for details on the prescriptions drug formulary. For the pharmacy network, call 1-888-7904260. Retail - \$25min/\$50 max. Mail Order - \$50min/\$100 max.
	Tier 4 - Additional High- Cost Option	Retail: N/A Mail Order: N/A	Not Covered	Subject to applicable tier minimums and maximums. For the pharmacy network, call 1-888-790-4260.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
	Physician/surgeon fees	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
If you need immediate medical attention	Emergency room services	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
	Emergency medical transportation	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
	Urgent care	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None

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Common Medical	ommon Medical Services You May Need Your Cost If You Use a		Limitations & Everations	
Event	Services You May Need	Network Provider	Non-network Provider	Limitations & Exceptions
If you have a hospital stay	Facility fee (e.g., hospital room)	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
	Physician/surgeon fee	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	30% Coinsurance After Deductible	50% Coinsurance After Deductible	EAP offers up to 5 face-to-face counseling sessions per issue/per year at no charge. Call 1-866-248-4094 or see <a href="https://www.liveandworkwell.com">www.liveandworkwell.com</a> for more info.
	Mental/Behavioral health inpatient services	30% Coinsurance After Deductible	50% Coinsurance After Deductible	Short term counsel & certain substance abuse services, and extra coverage through EAP.
	Substance use disorder outpatient services	30% Coinsurance After Deductible	50% Coinsurance After Deductible	EAP offers up to 5 face-to-face counseling sessions per issue/per year at no charge. Call 1-866-248-4094 or see <a href="www.liveandworkwell.com">www.liveandworkwell.com</a> for more info.
	Substance use disorder inpatient services	30% Coinsurance After Deductible	50% Coinsurance After Deductible	Short term counsel & certain substance abuse services, and extra coverage through EAP.
If you are pregnant	Prenatal and postnatal care	30% Coinsurance After Deductible	50% Coinsurance After Deductible	Only routine prenatal visits are at no charge
	Delivery and all inpatient services	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None



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Summary of Benefits and Coverage: What this Plan Covers & What it Costs  Coverage for: Employee/Family   Plan Type: PS1				
Common Medical	Services You May Need	Your Cost If You Use a		Limitations & Evacations
Event		Network Provider	Non-network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	30% Coinsurance After Deductible	50% Coinsurance After Deductible	120 visits per calendar year, In/Out Network combined.
	Rehabilitation services	30% Coinsurance After Deductible	50% Coinsurance After Deductible	60 visits per calendar year combined with all other therapies, In/Out Network combined.
	Habilitation services	Not Covered	Not Covered	Not covered
	Skilled nursing care	30% Coinsurance After Deductible	50% Coinsurance After Deductible	120 days per calendar year, In/Out Network combined.
	Durable medical equipment	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
	Hospice service	30% Coinsurance After Deductible	50% Coinsurance After Deductible	None
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	None
	Glasses	Not Covered	Not Covered	None
	Dental check-up	Not Covered	Not Covered	None

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Adult routine vision exam (i.e. refraction)
- Child dental check-up
- Child routine vision exam (i.e. refraction)
- Child vision hardware

- Cosmetic Surgery
- Dental Care (Adult)
- Habilitation services

- Long-term care
- Weight loss programs
- Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)
  - Acupuncture may be covered with limitations
  - Bariatric Surgery may be covered with limitations
  - Hearing aids may be covered with limitations
- Infertility treatment may be covered with limitations
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing may be covered with limitations
- Routine foot care may be covered with limitations

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#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-877-722-2667. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact us at 1-877-769-7001 or visit www.myuhc.com.

Additionally, a consumer assistance program can help you file your appeal. A list of states with Consumer Assistance Programs is available at www.dol.gov/ebsa/healthreform and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health** coverage does meet the minimum value standard for the benefits it provides.

#### **Language Access Services:**

- Spanish (Español): Para obtener asistencia en Español, llame al 1-877-769-7001.
- Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-769-7001.
- Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-769-7001.
- Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-769-7001.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.



**Coverage Examples** 

Coverage Period: 01/01/2014-12/31/2014

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## **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care also will be different

If other than individual coverage, the Patient Pays amount may be more.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,160Patient pays \$3,380

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

· aucin payor	
Deductibles	\$1,500
Copays	\$0
Coinsurance	\$1,730
Limits or exclusions	\$150
Total	\$3,380

#### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,690 ■ Patient pays \$2,710

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$1,500
Copays	\$0
Coinsurance	\$1,130
Limits or exclusions	\$80
Total	\$2,710

Coverage Examples Coverage for: Employee/Family | Plan Type: PS1

#### **Questions and answers about the Coverage Examples:**

## What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

#### What does a Coverage Example Show

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

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### Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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